

May 2024

Harmony Union School District
Lunch 2023/24

		01 Lunch Entree Cuban Black Beans & Rice Vegetables Baked potato Fruit Fresh Banana Grains Brown rice Milk 1% Milk Fat Free Chocolate Milk Misc. Sour cream Ranch dressing Balsamic dressing Shredded Cheddar Cheese	02 Lunch Entree Spaghetti with olive oil and garlic Vegetables Baked potato Peas Fruit Apple Milk 1% Milk Fat Free Chocolate Milk Misc. Sour cream Shredded Cheddar Cheese Ranch dressing Balsamic dressing Diced Hard-Boiled Egg	03 Lunch Entree Union Hotel Cheese Pizza Vegetables Baked potato Orange Ginger Kale Salad Fruit Fresh Oranges Milk 1% Milk Fat Free Chocolate Milk Misc. Sour cream Shredded Cheddar Cheese Ranch dressing Balsamic dressing
06 Lunch Entree Toasted Cheese Sandwich Vegetables Baked potato Creamy Tomato Soup Fruit Apple Milk 1% Milk Fat Free Chocolate Milk Misc. Sour cream Shredded Cheddar Cheese Ranch dressing Balsamic dressing	07 Lunch Entree Pork Carnitas Street Tacos Vegetables Baked potato Refried Beans Fruit Fresh Oranges Grains Brown rice Milk 1% Milk Fat Free Chocolate Milk Misc. Sour cream Shredded Cheddar Cheese Ranch dressing Balsamic dressing Guacamole	08 Lunch Entree Chili with Beans Vegetables Baked potato Fruit Pears Grains Brown rice Milk 1% Milk Fat Free Chocolate Milk Misc. Sour cream Shredded Cheddar Cheese Ranch dressing Balsamic dressing	09 Lunch Entree Pesto Pasta Vegetables Baked potato Peas Fruit Apple Desserts Chocolate Chip Cookies Milk 1% Milk Fat Free Chocolate Milk Misc. Sour cream Shredded Cheddar Cheese Ranch dressing Balsamic dressing Cottage Cheese	10 Lunch Entree Union Hotel Cheese Pizza Vegetables Baked potato Broccoli Florets Fruit Fresh Oranges Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing
13 Lunch Entree Asian BBQ Pulled Pork Vegetables Baked potato Fruit Fresh Banana Grains Cornbread Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	14 Lunch Entree Nachos with Ground Beef Vegetables Baked potato Refried Beans Fruit Apple Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing Guacamole	15 Lunch Entree Baked tofu Vegetables Baked potato Carolina Coleslaw SC-Lexington1 Fruit Fresh Grapes Grains Brown rice Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	16 Lunch Entree Spaghetti with olive oil and garlic Vegetables Baked potato Whole Kernal Corn Fruit Fresh Oranges Desserts Chocolate Chip Cookies Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing Cottage Cheese	17 Lunch Entree Union Hotel Cheese Pizza Vegetables Baked Potato Orange Ginger Kale Salad Fruit Fresh Apple Slices Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing

20	Lunch Entree BBQ Chicken Roasted Drumsticks Vegetables Baked potato Mashed Potatoes Fruit Fresh Banana Grains Cornbread Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	21	Lunch Entree Bean & Cheese Burrito Vegetables Baked potato Fruit Apple Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing Guacamole	22	Lunch Entree Turkey & Cheese Wrap Vegetables Baked potato Peas Fruit Pears Grains Brown rice Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	23	Lunch Entree Spaghetti with Tomato Sauce Vegetables Baked potato Whole Kernal Corn Fruit Fresh Oranges Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing Cottage Cheese	24	Lunch Entree Union Hotel Cheese Pizza Vegetables Baked potato Celery Sticks Fruit Apple Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing
27	Memorial day Lunch Entree Shredded chicken taco Vegetables Baked potato Pinto beans Fruit Apple Grains Brown rice Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	28	Lunch Entree Yogurt and granola Vegetables Baked potato Seasoned Oven Roasted Potatoes Fruit Fresh Banana Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	29	Lunch Entree Baked Penne Pasta Vegetables Baked potato Fruit Apple Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Ranch dressing Balsamic dressing	30	Lunch Entree Union Hotel Cheese Pizza Vegetables Baked potato Orange Ginger Kale Salad Fruit Fresh Oranges Milk 1% Milk Fat Free Chocolate Milk Misc. Sour cream Ranch dressing Balsamic dressing Shredded Cheddar Cheese	31	

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